

OneDance Creative Art Centre

Professional Dance Training Program (PTP)

Level 2

Age 9 - 11 years

Hours: 5.5 hours per week minimum



Classical Ballet Training in the Vaganova (Russian) Method

PTP Level 2

This program was specially designed for young dancers age 9 – 11 years who are beginning their dance training or with some prior classical training. The program features 5.5 hours per week of training. Students are encouraged to take other classes outside of this program.

Students in PTP 2 will be trained for 4.5 hours in classical ballet technique. In addition, one hour per week is dedicated to conditioning the body to enhance strength and flexibility.

Schedule PTP 2

Wednesday 4:00 – 6:00 Ballet Technique

Saturday 10:30 – 12:00 Ballet Technique

Saturday 12:30 – 1:30 Ballet Choreography Group

Saturday 1:30 – 2:30 Conditioning for Dancers

To register for this program online, [CLICK HERE](#)

For further information or to schedule an information meeting, please email OneDance@shaw.ca.

